

Upcoming Events

Oct. 5	Community Mtg.
Oct. 7	Minimum Day
Oct. 6	9th Block
Oct. 10	No School
Oct. 12, 13	9th Block
Oct. 18	Picture Make-ups
Oct. 19-20	9th Block
Oct. 26, 27	9th Block
Oct. 28	Halloween Dance
Oct. 31	Halloween

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SONG DEDICATIONS

Song: Sweatshirt by Jacob Sartorius
To: Seanna Scott
Note: You can wear my sweatshirt ;)
Song: Living Your Dreams by Raini Rodriguez
To: Cheyanne Hecht
Note: Fiesta, Salsa Quinceañera baila
Song: September by Earth Wind and Fire
To: Colton Schesser
Note: Rock on, Baby
If you would like to do a song dedication the box is in Mrs. McDowell's room.

WHY DO WE CELEBRATE LABOR DAY?

By Georgina Herrejon Rivera

Labor day is on the first Monday of September. The first labor day was celebrated on Tuesday 5, 1882. Labor Day is dedicated to economic social achievements for the American workers. It is a yearly tribute to the contributions workers have made to the strength and prosperity. It has not been established who was the first to propose the holiday in the U.S. It's between Peter J. McGuire who was first to suggest a holiday to honor
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BACK TO SCHOOL DANCE

By: Frank Sinatra's Ghost (RoRy DuRaN)

Back to school dances are always fun but this year the decorations, music, people, and energy were all great. The leadership team wasted no time; they got to work decorating right after school on September 2nd. The



theme for the dance this year was beach party, and the leadership team's hard work fully paid off. The decorations were spectacular! The twinkling lights set an aura that lasted the whole night while



the music kept everyone moving. There were chalk drawings, free face paint, snacks, and a whole bunch of laughter. There was also a dance off where every-



one got to see some wild in Yocum's room and they might be played at the next dance. The Back to School Dance was one of the best dances I've been to and I can't wait for the Halloween Dance coming up next. See you there!

COLLEGE DAY

By Anthony Rivera



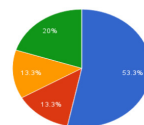
On September 14, Yuba College hosted College Day. This is an event that allows seniors from many high schools in the area to get a stronger idea of what they wish to do after graduation. They received a tour of the Yuba College campus, followed by an informative lecture about different schools. In the meeting, the presenter went over a variety of college types such as private schools, UC's, and CSU's. Reasons to attend college as well as the price of attending were also addressed. After the 30 minute lecture, the seniors were allowed to wander about and visit the booths of universities and other programs that participated in the College Day.

Many nearby colleges were there such as Chico State and Sacramento State, as well as a few distant ones such as Oregon Tech. Ah, and of course, we cannot forget the Military. Recruiters from every branch had their own tables set out, wearing their uniforms to show pride in their service. There was truly something for everyone represented on this day. College Day is a great opportunity for all high school students, and of course, the seniors. It's one you wouldn't want to miss, you may find interested in colleges you have not heard of, and what better way to explore a college than by talking to a representative.

WHAT ARE YOUR SPOOKY HALLOWEEN PLANS?

By: McCreepster (Jakob Locke)

For this month's edition, I asked 30 people what they were doing this year for Halloween. Check out the poll results to see what your fellow classmates are planning for the upcoming Halloween night. Whatever you are doing with your Halloween day, make it safe, special, and extra spooky.



- Hanging out with friends
- Going trick or treating
- Passing out candy
- Undecided

MEME OF THE MONTH

By Spookster (Julia Campbell)



Man Violently Whipping Due to Possession of the Aux Cord

Labor Day continued from page 1

or those who work hard but many strongly believe that Matthew Maguire who was a machinist founded the holiday. What is clear is that the Central Labor Union adopted Labor Day and appointed a committee to plan a picnic and demonstration. In 1885 it was celebrated in many industrial centers in the country.

SPIRIT WEEK SPECTACLES

By: Jake West

It smelled like MCAA spirit again, as Spirit Week hit our school on August 31st through September 2! In order, we had: Crazy Hair Day, Tacky Tourist Day, and Show Your School Spirit Day! Wednesday was Crazy Hair Day; everyone had some pretty wacky hair don'ts. The basic ingredients consisted of dye, messiness, and strategic accessory placement. Some corresponded hair colors with friends, some put objects in their hair to give them crazy shapes, while others just let their mane run

loose. Thursday was Tacky Tourist Day. Tourists from all over the Yuba-Sutter area flooded the streets of MCAA with bulky cameras, Hawaiian shirts, and open toed shoes. Ending this barrage of spirit was Show Your Spirit Day (something most of us had been doing all week.) Students showed their MCAA pride with blue and silver clothes, MCAA apparel, accessories, hair dye, and face paint. This display wrapped up the spirit week for us; all that was left was the Back to School Dance!

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THE SPOOKY SENIORITIS!!!

By Charles Day

Senioritis (noun): A supposed affliction of students in their final year of high school or college, characterized by a decline in motivation and/or performance.

Senioritis is a common "disease" upon the High School Senior Class. I asked five seniors and one anonymous adult about Senioritis: if they or their friends experienced it, and if they knew of any tips on how to slay Senioritis in their last year at MCAA. First up was Patrick Whitlock: "Is Senioritis when you start to slack off on grades in school? I am sure that some of my friends have senioritis. I guess if you try to stay motivated and try to go towards your future goals it shouldn't be a problem."

Next was the Dream Team: Timothy Stewart and Rayce Cook:

TS: "Yeah of course. Yeah, of course. Yeah of course!!"
RC: "Sure. I've seen it all over everyone, including the horrible side effects. Death and skin rashes. The three simplest cures known are Egg McMuffins, Jimmy Dean's, and Tyson Chicken Nuggets. Which are currently half off at Walmart."
Then I asked Gabby Mathews:

"Yeah I do. Ooh what's in here, food?? Uhm... Probably, I guess my friends might? I don't know. I'm too tired and hungry to give help."

After that was Lolita Manzano: "Yes. Ohh yeah I have it and I want it out. If there were any good tips, I'd suggest trying to enjoy your last year in high school."

Lastly was the Mysterious and Anonymous Adult: "Yes I know of it. A fatal disease. If I had to guess. Hmm... It might be half of the seniors who would have it. How might you overcome this creature? I guess focus on your goals. Try to find yourself with friends who do not have senioritis. That is the best I can do."

My thoughts on Senioritis? I do know that it can potentially become horrible to people. It might be too early in the year to decide if any of the seniors might have it, but I'm going to guess a little less than half but more than a quarter of the seniors have senioritis. One tip I would recommend to ward off this plague: don't let outside people or things influence how seriously you take your schoolwork.

STUDY TIPS TO LIVE BY

By: Grace Rose

1. Space it out.
Try not to cram too much information at one time. For example, you wouldn't want to try and remember a whole chapter from your science book at one time; take it section by section and make sure you fully understand the information.

2. Simplify it.
Sometimes it helps to make the information easier to re-

member by breaking it down into an acronym. For example, the order of operations (PEMDAS) can be remembered as: Please (P) Excuse (E) My (M) Dear (D) Aunt (A) Sally (S).

3. Stay focused.
It may seem hard, but Instagram and Snapchat CAN WAIT UNTIL LATER. Find a quiet, relaxing place that will allow you to keep your focus on your work (sometimes

easier said than done.)

4. Treat Yourself!
Reward yourself while studying by giving yourself positive reinforcements. Maybe it's half a cookie every time you get 5 math problems correct or 5 minutes on twitter for every two paragraphs you write. It can be anything you like as long as it motivates you to get to work without becoming a significant distraction.

COSTUME IDEAS

By Spookster (Julia Campbell)

That's right, charter kids! It's that time of year again; time to get spooky;). It's never too early to start thinking about Halloween and the incredible weather Autumn brings us. Let's kick this season off with some costume ideas. Remember to be respectful, safe, and have fun!

Literally any Disney Character: Disney is loved worldwide. Any character will do! Dress up as Sharpay Evans and carry around a dog, it doesn't even have to be yours! Pair that dog with a pink trench coat and a bad attitude. The possibilities are endless when it comes to Disney. Some other popular options are Minnie/Mickey Mouse, Captain Hook, Winnie the Pooh, a tree from The Jungle Book, a Princess or Prince, and so much more.

The Classics: The basic costumes are sometimes the best and most memorable. Be a spooky witch or a sheet ghost. Go to a Halloween party, watch films, and bob for apples with your ghoulish pals!

The Founding Fathers: They've been dead for a while, bring 'em back to life this Halloween! James Madison misses the fresh air.

Buddy Costumes: Pair up with someone and make it a great Halloween! It could be your best friend, your partner, your sister's boyfriend, or even your teacher if they agree!

A Virgo and a Gemini: You know you're already a snake, just do it.

Random Objects: You could be a plastic spider, the number 37, even a Yankee Candle! There are so many objects that are waiting to be worn, do them a solid.

CHEATING

By RJ Mathews

Cheating is a well known concept; looking over someone's shoulder on a challenging test, or copying someone's homework so as not to fall behind on a bad week. The definition of cheating is breaking the rules to achieve a goal, but can the end justify the means? You'd be hard-pressed to find a teacher that would say cheating is okay to make the perfect grade, and most teachers have a grade-related punishment for cheating.

"Why would teachers give homework to kids if they just use someone else's to copy? We give homework to reinforce someone's knowledge, not someone's writing skills.", Mrs. McDowell said when I asked her on the matter of cheating. Mrs. McDowell teaches the AP Environmental and Earth Science classes, and has caught plenty of people cheating during her time at MCAA.

I was also curious about how students felt about cheating, so I surveyed 63 students on cheating on homework and tests, and the results were

interesting. Approximately 76% of surveyed students admit to having cheated on homework in some way. About 32% of those surveyed admit to having cheated on a test before, a lot more than anticipated.

This sample group isn't huge, but let's compare those numbers to statistics that other research groups have gathered. A poll conducted by ABC news, with the age groups ranging from 12- 17, has said that around one third of people had admitted to cheating on a test. ABC also had shown that cheating had risen in their poll to 43% in age groups 16- 17. Another study done by the Josephine Institute Center for Youth Ethics, which surveyed nearly 43,000 high schoolers across 70 high schools, found that 95% of people had cheated on homework at some point in high school. In conclusion: many people do cheat but a teacher would never condone it for obvious reasons. In the end, putting in the extra work never failed anyone.

THE SUICIDE SQUAD FILM

By Fatima Magana

Suicide Squad, written by David Ayer, made over \$130,000,000 opening weekend and is continuing to be a huge success. The plot follows a group of seven powerful criminals taken out of a high-security prison and used in a top secret case led by a United States intelligence officer. I had really high hopes for the film based on promising trailers, but I left disappointed, as it lacked the suspense I had been looking for. However, the graphics, lighting, and costuming exceeded all expectations, tying together the overall themes of the movie. Whether or not Suicide Squad has enough excitement for you, you're guaranteed to get a laugh out of it (if you're 13 or older!)

